

Health Takes Guts!®

— DIANNE RISHIKOF NUTRITION —

Cosmetic Brand	Company Statement
YES - GLUTEN FREE	
Absolute Minerals by Devita**	<p>DeVita is considered a Gluten Sensitive Safe product line, as we use only the pure, non-synthetically extracted Vitamin E, Wheat amino acids etc. What has to be understood is that this chemistry is very precise. The gluten is isolated first and only the pure Vitamin E is extracted. The vitamin and the gluten come from two different parts of the whole. We never use whole Wheat Germ Oil in any of our formulas; we use only the pure, non-synthetically extracted Vitamin E and everything we work with is at the amino acid level. Because of this we are considered a Gluten Sensitive Safe line. Of course, as with any new product, customers should always do a patch test first to see if there is a compatibility issue. We never expect anyone to have a problem, but everyone's skin is special, and although DeVita is designed to cater to those with skin sensitivity issues, it is always best to be safe as your skin is just like your finger prints, particular only to you Reference: http://devitastyle.com/home/frequently-ask-questions/</p>
After Glow Cosmetics	<p>Afterglow cosmetics is the first makeup line to be certified gluten-free by the Gluten-Free Certification Organization (GFCO). According to the GFCO's website, their certification seal "stands for the independent verification of quality, integrity, and purity of products. Products carrying the GF logo represents unmatched reliability and for meeting strict gluten-free standards.</p> <p>Afterglow Cosmetics sources only gluten-free ingredients and uses Vitamin E (Tocopherol) derived from organic cotton seed oil and organic olive oil. All our gluten-free cosmetics are made in a 100% certified gluten-free facility. This extra measure ensures there is no danger of cross-contamination between products. Reference: https://afterglowcosmetics.com/certified-gluten-free-makeup/</p>
Aisling Organic Cosmetics**	<p>Gluten-Free products confirmed via company's website chat feature Reference: https://aislingorganics.com/</p>
BITE Beauty	<p>Many of our shades are gluten free.</p> <p>Here's our current list of Gluten Free products:</p> <p>(1) <u>Agave Lip Balm and Mask</u>: Natural, Champagne,Smashed,Maple</p> <p>(2) <u>Agave Lip Scrub</u>: Natural</p> <p>(3) <u>Amuse Bouche Lipstick</u>: Beetroot, Black truffle, Cayenne, Chai, Cotton candy, Dragonfruit, Eggplant, Fig, Gazpacho, Gin fizz, Gingersnap, Honeycomb, Jam, Kale, Kimchi, Lavender jam, Liquorice, Maple, Meringue, Mistletoe, Molasses, Nori, Pepper, Persimmon, Pinkled ginger, Radish, Rhubarb, Sake, Sangria, Sorbet, Souffle, Sour cherry, Spritzer, Squid ink, Sugarcane, Sweet cream, Tannin, Taro, Thistle, Verbena, Whiskey</p> <p>(4) <u>Amuse Bouche Liquefied Lipstick</u> : Braised, Candied, Caramelized, Cava, Chai, Chiffonade, Chutney, Demi-glace, Éclair, Flambe, Infuse, Marsala, Mix, Pare, Puree, Stir, Supreme, Tourne, Whip</p> <p>(5) <u>Lip Scrub</u></p> <p>(6) <u>Matte Crème Lip Crayon</u>: Fraise, Framboise, Glace, Leche, Pastille, Peche, Pink lady, Red velvet, Rose hip, Sucre, Tatin, Truffle</p> <p>(7) <u>Line & Define Primer</u></p> <p>Reference: https://www.bitebeauty.com/faq.html or Customer Service 1.844.500.2483</p>

ECCO Bella Organic Beauty	There is no gluten or wheat protein in any Ecco Bella product. All our products are safe for customers with celiac sprue. Reference: https://www.eccobella.com/faq/
EOS	Our products do not contain gluten, and are not exposed to gluten during manufacturing. The oat ingredient found in some of our products is certified gluten-free. Our products are also checked in the final stage for gluten traces as an added precaution. Reference: https://evolutionofsmooth.com/pages/easy-faqs
Gabriel Cosmetics	Gabriel, Zuzu Luxe and Clean Kids Naturally have been certified gluten-free by the Gluten Intolerance Group. According to GFCO’s website their certification seal, “stands for the independent verification of quality, integrity, and purity of products. Products carrying the GF logo represents unmatched reliability and for meeting strict gluten-free standards. GFCO is the leading gluten-free certification program in the world.” Gabriel Organics Skincare and Gabriel nail polishes are gluten-free they are not certified. Reference: https://gabrielcosmeticsinc.com/faq/
Mineral Fusion	Our products are free of gluten , but soy is a very common derivative in cosmetic ingredients and we cannot guarantee our products to be soy free. Because of the common nature of soy we advise our potential customers to intensely inquire with any brand that claims to be soy free. Reference: https://www.mineralfusion.com/blogs/faq/tagged/faqcategory-ingredients
Monave	With the exception of our oatmeal soap, Monave’s line of cosmetics is completely gluten-free. The owner, Teporah Bilezikian, is a celiac, and has carefully researched cosmetics ingredients and removed all traces of gluten. The primary source of gluten Monave Mineral Makeup was Vitamin E from Wheat Germ Oil. Monave began using rice-based Vitamin E in 2008 and the liner is now completely glu+A6:B9ten-free with the exception of the oatmeal soap. The handcrafter that makes Monave’s skincare has a dedicated gluten-free facility, so there is no cross-contamination. Reference: https://www.monave.com/mineral-makeup-ingredients/
Red Apple Lipstick	Every Red Apple Lipstick product is 100% gluten free. Thoughtful choices of ingredients coupled with rigorous lab testing specifically for gluten ensures that each and every product is just right for the gluten free gal. Reference: https://www.redapplelipstick.com/ingredients/
Zuzu Luxe	Gabriel, Zuzu Luxe and Clean Kids Naturally have been certified gluten-free by the Gluten Intolerance Group. According to GFCO’s website their certification seal, “stands for the independent verification of quality, integrity, and purity of products. Products carrying the GF logo represents unmatched reliability and for meeting strict gluten-free standards. GFCO is the leading gluten-free certification program in the world.” Gabriel Organics Skincare and Gabriel nail polishes are gluten-free they are not certified. Reference: https://gabrielcosmeticsinc.com/faq/

NOT GUARANTEED

<p>Arbonne</p>	<p>Arbonne Products Are Certified by the Gluten Free Certification Organization. The Gluten Free Certification Organization (gfco.org) requires full gluten-free compliance and onsite inspections of Arbonne manufacturing facilities and every one of our contract manufacturers' facilities. For individuals with gluten intolerance or celiac disease, a gluten-free diet is essential. Arbonne currently is certified gluten free on over 50 products and is continually submitting more for certification - HOWEVER LIP products are not certified gluten free. Would recommend calling the company (1 (800) ARBONNE) to inquire about a specific product. Reference: https://www.arbonne.com/discover/promise/index.shtml</p>
<p>Bare Minerals</p>	<p>Many of our products do not contain ingredients derived from barley, oats, rye, spelt or wheat, which are commonly known sources of gluten. However, due to the wide range of raw materials and equipment used during the manufacturing of our products, we cannot confirm that our products are free from any traces of gluten. If you have specific questions or concerns regarding gluten, and the ingredients contained in our formulas, we recommend that you consult your physician. Reference: https://www.bareminerals.com/help-and-faqs.html Customer Service Confirmation: (888)-795-4747</p>
<p>Beauty Counter Cosmetics</p>	<p>Most of our products are formulated without ingredients that may contain gluten, a protein found primarily in wheat and other grains. However, some of our products contain ingredients derived from wheat or rye. Additionally, several of our products contain sodium hyaluronate, a natural polymer created through bacterial fermentation of synthetic or wheat-derived peptides and glucose. Although some of our sources of sodium hyaluronate are derived from wheat, the gluten protein is not found in the final ingredient. Please consult the list below for ingredients and products that may contain gluten. Our products cannot be certified as gluten-free because our current manufacturing partners do not have certified gluten-free facilities. As always, before using any product, we encourage customers who have allergies to consult a doctor. Products with these ingredients may contain gluten:</p> <ul style="list-style-type: none"> • Sodium Hyaluronate/Hydrolyzed Hyaluronic Acid • Rye Seed Extract • Sorbitol • Hydrolyzed Wheat Starch • Hydrolyzed Wheat Protein <p>Reference: https://www.beautycounter.com/faqs</p>
<p>Burt's Bees</p>	<p>We cannot provide a list of Burt's Bees products that are safe for use with your allergy because our products may have been manufactured on a shared line with products containing gluten, or raw materials used in our products may have been processed in a facility that also processes products containing gluten. Therefore, we are unable to state that any Burt's Bees products are "gluten-free." Reference: www.burtsbees.com/content/faqs/faqs.html#UUbFV04OquQhWOLh.99</p>
<p>Chapstick</p>	<p>Chapstick does not add gluten (nor does it source any of it's ingredients from gluten derivatives) however we cannot guarantee that there are not trace amounts of gluten found on our products due to cross-contamination during production, since we do not test our final products. Customer Service (Pfizer) Confirmation: 877-227-3421</p>

<p>Covergirl</p>	<p>If we add gluten, wheat or wheat extract directly to a product, it will be listed in the ingredients on the label. Still, we cannot give a 100% guarantee that trace levels of gluten are not present. Many ingredients used in our products are purchased as a raw material and we do not have information on the make-up of these raw materials or if they have been in contact with other materials before they arrive at the plant.</p> <p>Also, if gluten has been added to the perfume (at a very low level) by one of our suppliers, this will not be listed in the ingredients. Like many companies, we often purchase the scents for our products from external suppliers, and the components of these scents are proprietary information belonging to the suppliers. As a result, it is possible that a very small amount of gluten may be present in our lipsticks which contain fragrances.</p> <p>Reference: Customer Service via email</p>
<p>Estee Lauder Companies -Clinique -MAC -Origins -Aveda -Prescriptives -Bobbi Brown</p>	<p>For the benefit of our gluten-sensitive consumers who may have cross-sensitivities, Estee Lauder Companies takes the extra precaution of including soy, corn and rice in our research in addition to wheat, oat, barley and rye derivatives.</p> <p>In addressing your concern about gluten, we would like to explain that a vast number of raw materials from many different suppliers and sources are used in the manufacture of Estee Lauder Companies' products. It is therefore not possible for us to fully guarantee that our products are completely free of ingredients that may elicit an allergic response in highly sensitive individuals who react to gluten. For example, it is possible that small amounts of a wheat sourced ingredient may remain on shared manufacturing equipment even after a thorough cleaning. We therefore recommend that you discuss this with your physician, because consumer safety is of utmost concern to us</p> <p>Customer Care Line Confirmation: 866-707-2100</p>
<p>Joelle Cosmetics</p>	<p>Although we are not certified to be free of these contaminants, there is no danger of cross contamination as most items are manufactured right here in our 1500 square foot facility. We take special care and measures to ensure all of our ingredients are safe. When we do outsource ingredients and bases, we take extra special time to consult with manufacturers to be sure there is no cross contamination of those items as well.</p> <p>We only use Vitamin E (tocopherol) which is derived from organic olive oil.</p> <p>Reference: http://www.mymineralglitters.com/page/page/3415467.htm</p>
<p>Living Nature**</p>	<p>The majority of Living Nature products are gluten-free. The products listed below do contain small amounts of Wheat Germ Oil in the formulation. Living Nature's 'pure' Wheat Germ Oil is derived from the seed heads however, the refining process of the oil removes all gluten proteins in theory but some refining methods can lead to small traces of gluten remaining in the Wheat Germ Oil. All Living Nature ingredients are sourced from reputable suppliers and must meet our vigorous certifying body BDIH standards, all Living Nature ingredients are manufactured at the highest quality.</p> <p>Balancing Day Lotion, Nourishing Day Cream, Rich Day Cream, Firming Flax Serum, Nourishing Night Cream, Balancing Night Gel, Deep Cleansing Mask, Hydrating Gel Mask, Ultra Nourishing Mask, Ultimate Day Oil, Refreshing Body Lotion, Soothing Moisturiser.</p> <p>**NO LIP PRODUCTS LISTED**</p> <p>It is important to note, that reputable research indicates that the topical application of a minuscule amount of 'possible' gluten residue, will have no negative effect on Celiac sufferers. As each individual's condition presents differently, and we cannot rule out the small possibility of gluten residue being found in the Wheat Germ Oil, we recommend patch testing the above products, as with all Living Nature products, prior to use.</p> <p>Reference: https://www.livingnature.com/pages/faqs</p>

L'Oreal Cosmetics (including Lancome)	<p>"We do not use gluten as an ingredient in our cosmetic products. Despite our high level of requirements relating to the quality of our raw materials, small traces of gluten may be present in a few of our raw materials derived from wheat, rye, barley and oats."</p> <p>Reference: https://loreal-dam-front-corp-en-cdn.damdy.com/ressources/afile/120178-f35c9-resource-position-gluten.html</p>
NARS	<p>Many of our products do not contain ingredients derived from barley, oats, rye, spelt or wheat, which are commonly known sources of gluten. However, due to the wide range of raw materials and equipment used during the manufacturing of our products, we cannot confirm that our products are free from any traces of gluten. If you have specific questions or concerns regarding gluten, and the ingredients contained in our formulas, we recommend that you consult your physician</p> <p>Reference: https://www.narscosmetics.com/USA/customer-service.html#gluten</p>
Revlon	<p>From team member, they cannot guarantee that their products do not contain gluten nor if their raw products and transporting methods do not have or come in contact with gluten derivatives. Can call to confirm specific product ingredients list.</p> <p>Reference: Customer Service 800-473-8566</p>
Tarte	<p>All of our products are formulated without parabens, mineral oil, phthalates, sodium lauryl sulfate, triclosan, synthetic fragrances and gluten, just to name a few. tarte cannot guarantee that any ingredients or products were produced in an allergen free environment.</p> <p>Reference: https://tartecosmetics.com/en_US/customer-service/contact-us/faqs.html</p>
Younique	<p>Most of our products do not contain ingredients derived from common gluten sources. However, we are unable to certify any products as "gluten free" since many are manufactured in facilities where gluten may be present. While we certainly evaluate all our products for minimal interactions under normal use conditions, we do not certify against any allergens. If you have a known allergy to gluten, we recommend consulting your physician before using any product line.</p> <p>The following Younique products contain gluten-derived ingredients: ***NO LIP PRODUCTS LISTED*** YOUNIQUE ROYALTY™ divine daily moisturizer YOUNIQUE ROYALTY™ hydrating day cream YOUNIQUE ROYALTY™ renewing day cream YOUNIQUE ROYALTY™ rose water toning spritz YOUNIQUE ROYALTY™ hydrating mask BEACHFRONT™ self-tanning body lotion BEACHFRONT™ self-tanning spray BEACHFRONT™ body bronzer YOUNIQUE™ brush cleaner</p> <p>Reference: https://www.yuniqueproducts.com/business/support/000001813</p>

NOT GLUTEN-FREE	
Maybelline New York	<p>None of their products are gluten-free Customer Service Confirmation: (800)-944-7325</p>

**	<p>Products from these companies can be purchased through Wellevate at www.wellevate.me/dianne-rishikof#/</p>
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