

Basic Guacamole

Source: Rachel Toon

Ingredients:

- 3-4 medium ripe avocados (a ripe avocado is dark green in color and soft to the touch on the outside, but not mushy), halved and pitted
- ½ teaspoon garlic salt, add more to taste
- 1-2 tablespoons of lime or lemon juice

Optional Additions:

- 1-2 medium tomatoes, seeded and chopped small
- ¼ - ½ finely chopped onion
- 3-4 tablespoons finely chopped cilantro
- 1 garlic clove finely chopped

Directions:

1. Scoop the flesh of the avocado into a bowl and mash up with fork until smooth.
2. Mix in garlic salt and lime/lemon juice. If you are adding any optional additions, do so at this time.
3. Serve with tortilla chips. Enjoy and have fun with it!