

# Health Takes Guts!®

— DIANNE RISHIKOF NUTRITION —

Mouthwash Brand	Company Statement
YES - GLUTEN FREE	
<b>Colgate</b>	<p><b>We certify that all Colgate Mouthwashes (all oral care products) are gluten-free.</b></p> <p>Reference: <a href="https://www.colgate.com/en-us/products/optic-white/faq">https://www.colgate.com/en-us/products/optic-white/faq</a>            Customer Service Confirmation: 800-468-6502</p>
<b>Crest</b>	<p><b>No current Crest mouthwash contains gluten.</b></p> <p>Per customer service, the Oral Care Manufacturing plant utilized to make their products also do not process gluten products either.</p> <p>Customer Service Confirmation: 800-492-7378</p>
<b>Listerine</b>	<p><b>All below items below do not contain gluten and have been tested (as a final product) and determined to not contain any gluten:</b></p> <ul style="list-style-type: none"> <li>-Listerine Total Care Zero Cool Mint Anticavity Mouthwash</li> <li>-Listerine Total Care Stain Remover Mouthwash</li> <li>-Listerine Cool Mint Zero Alcohol Mouthwash</li> <li>-Listerine Healthy White Restoring Whitening Mouthwash</li> <li>-Listerine Healthy White Gentle Sodium Flouride Mouthwash</li> <li>-Listerine Healthy White Vibrant Flouride Whitening Mouthwash</li> </ul> <p>Below do not contain gluten <u>however</u> have not been tested as a final product:</p> <ul style="list-style-type: none"> <li>-Cool Mint Listerine Antiseptic Mouthwash</li> <li>-Freshburst Listerine Antiseptic Mouthwash</li> </ul> <p>Customer Service Confirmation: 888-222-0182</p>
<b>Orajel</b>	<p>Church &amp; Dwight Company</p> <p><b>Per customer service, all mouthwashes are gluten-free.</b></p> <p>Customer Service Confirmation: 800-833-9532</p>
<b>Tom's of Maine</b>	<p><b>All of the products we currently manufacture are gluten free.</b></p> <p>Reference: <a href="https://www.tomsomaine.com/our-promise/stewardship-model/not-in-our-products">https://www.tomsomaine.com/our-promise/stewardship-model/not-in-our-products</a></p>