

Roasted Carrots

Source: Rachel Toon

- 2 bags baby carrots
- Avocado oil (or preferred oil)
- Salt
- Pepper

Directions:

1. Preheat oven to 400 degrees.
2. Coat baking pan with avocado oil.
3. Place carrots on baking pan.
4. Brush carrots with thick coating of avocado oil.
5. Sprinkle with salt and pepper to taste.
6. Cook for 35-45 minutes, until tender.